

May 2022

## Basic Life Insurance Plan and Disability Insurance premiums changing July 2022

### All unionized employees participating in the Basic Life Insurance and Disability Insurance plans

Dear Colleague:

This letter is to inform you that your Basic Life Insurance Plan (BLIP) and Disability Insurance (DI) premiums are changing July 1, 2022, and will be reflected on your pay statement starting **July 7, 2022**, or **July 21, 2022**, depending on your employee group.

#### Changes to the Basic Life Insurance Plan

The 25% discount will no longer apply and the premium contributions for BLIP will go back to where they were in 2020, as follows:

Plan	2020 contribution	2021 contribution	Your contribution as of July 1, 2022
Basic Life Insurance Plan	\$0.16 per \$1,000 of coverage	\$0.12 per \$1,000 of coverage	\$0.16 per \$1,000 of coverage

Plus applicable sales tax.

#### Changes to the Disability Insurance Plan

Premium contributions for DI are increasing by 10%, as follows:

Plan	Your current contribution	Your contribution as of July 1, 2022
Disability Insurance	\$1.78 per \$1,000 of coverage	\$1.96 per \$1,000 of coverage

Plus applicable sales tax.

If you are a full-time CPAA employee, the change will appear on your July 7, 2022, pay statement.

If you are a full-time employee represented by CUPW-Urban, CUPW-RSMC, APOC, or PSAC, or a part-time, temporary or term employee, it will appear on your July 21, 2022, pay statement.

For more information about benefits programs, visit Intrapost and click on the Benefits tab under "You at Canada Post."

For information about your specific coverage and premiums, visit [mysite.canadapost.ca](https://mysite.canadapost.ca). Under Employee Self Serve, click on Benefits, then Benefits Overview.

If you have questions, contact AccessHR at 1-877-807-9090 or [AccessHR@canadapost.ca](mailto:AccessHR@canadapost.ca).

Sincerely,



Julie Philippe  
 General Manager, Total Compensation